

# The Parish of Abbeydale & Millhouses

Loving God, valuing people, caring for His world

Sunday 18th February 2024

## First Sunday of Lent

at Holy Trinity      10.00am      Parish Communion

**Hymns**                      145                      Forty days and forty nights

   293                      Lead us heavenly Father

   426                      Praise to the holiest

**Communion**                53                      Be still for the presence of the Lord

   513                      Thou didst leave thy throne

**Anthem**                      Ave verum corpus, Mozart

**Readings**                      Genesis 9. 8-17

   1 Peter 3. 18-end

   Mark 1. 9-15

<b>Collect</b>	<b>Post Communion Prayer</b>
Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen	Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen

## Welcome! It's good to see you.

We are the family of God and all are welcome at his table. If you are used to receiving **communion** you are welcome to do so here. If you do not wish to receive communion but would like to receive a blessing, please indicate this by bringing this leaflet up with you. Gluten free wafers are also available.

Both churches are equipped with a **hearing loop** system. Please switch your hearing aid to the 'T' setting.

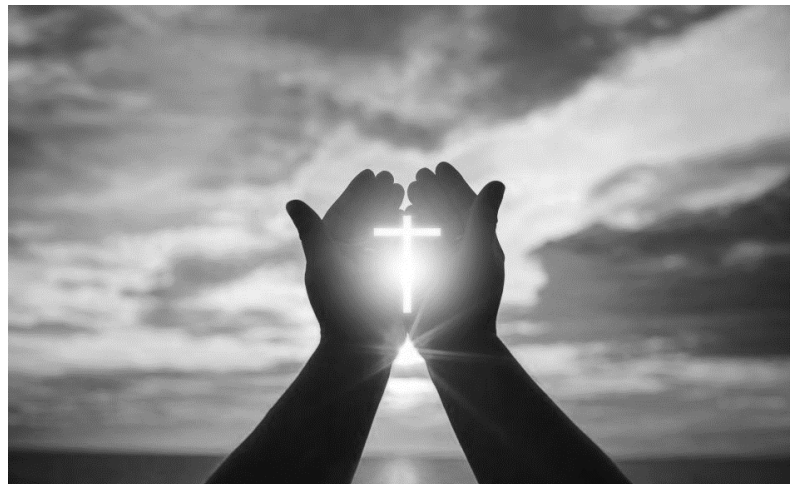
**Toilet facilities:** at Holy Trinity through the vestry door at the front of church on the right. At St John's at the back of church on the right. At both churches there are also toilets in the hall across the car park. All facilities are accessible.

You may wish to use the prayer below to help you to **prepare for worship** this morning.

Lord Jesus, I receive your love  
poured out for me  
in bread and wine.

Accept this gift of my life,  
brought to the altar  
without conditions.

Do your work in me,  
and let me be, like you,  
taken, blessed,  
and given for others;  
for, in spite of my failings,  
you know that I love you.  
Amen

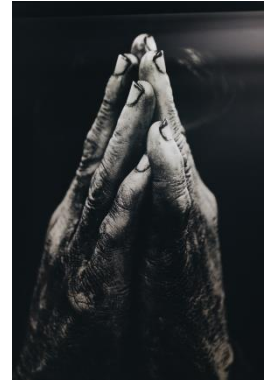


## Prayers

We remember in our prayers....

- all in our church family who are unwell at this time,  
in hospital or at home.

- those who feel isolated and lonely
- those who have no-one to pray for them
- those who are anxious
- those who have lost loved ones in recent weeks
- those whose years' mind falls at this time



We give thanks for the lives of all who have died recently.

*Rest eternal grant unto them, oh Lord and let light perpetual shine upon them.*

### **This week:**

Pray **in the morning** for the day and its tasks; the world and its needs; the Church and her life; and **in the evening** for peace, individuals known to us personally and their needs.

### **Prayer diary**

*On*            *pray for:*

<b>Mon</b>	students and staff in schools and universities
<b>Tue</b>	those whose work is unfulfilling
<b>Wed</b>	carers for all with special needs
<b>Thu</b>	all who work in emergency services worldwide
<b>Fri</b>	renewal and recovery for all who are tired in their spirit
<b>Sat</b>	thanks for the gift of music

*Prayer requests can be left on the board in the Lady Chapel at HT and in the  
Baptistry at St John's.*

*They are gathered weekly, placed on the altar and offered to God at the  
Wednesday Eucharist.*

## Readings

### Genesis 9.8-17

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

### 1 Peter 3.18-end

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

## Gospel: Mark 1.9-15

### *The Baptism of Jesus*

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

### *The Temptation of Jesus*

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

### *The Beginning of the Galilean Ministry*

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

## Notices

**About the Golddigger Trust, our 2024 Lent Appeal Charity.** This is a Christian faith-based charity based in Sheffield and works for the wellbeing of young people. The website says this about their values: *We are committed to transforming the lives of young people by equipping them with positive wellbeing and the skills to make good life decisions. We believe that by developing healthy self-esteem and positive wellbeing, encouraged by consistent support, young people are equipped to be all they can be and to face the challenges life may throw them on the way.*

<https://www.golddiggertrust.co.uk/overview-about-us>

### **Lent Study 2024: Vices and Virtues**

As we journey through Lent, we invite you to share in artworks and bible commentary on passages from the bible on Vices and Virtues. Material will be produced by the '**Visual Commentary on Scripture**' each week during Lent. We highly recommend this material as an informative, innovative and an interesting way to read and study the bible during Lent. Please see handout for further information.

**If you do not have a computer**, we will put copies of the material at the back of church each Sunday for you to collect.

**If you have a computer**, please follow the link below to find out more and to sign up to receive the material by email during Lent and to view the introductory video <https://thevcs.org/lent2024>

If you have any questions about accessing the material, please contact Angie by phone; Nicholas or Catherine by email:

Nicholas Noble [nrrnoble@gmail.com](mailto:nrrnoble@gmail.com)

Catherine Staziker [catherinestaziker@btinternet.com](mailto:catherinestaziker@btinternet.com)

Angie Lauener **Tel. 0114 236 2188**

**Local art exhibition - Stations of Lament at Whirlow Spirituality Centre from now until Sunday 24th March.** Opening hours week commencing 19 February are 9am - 1pm Monday to Wednesday (excluding Tuesday 9 - 10.30). For more details contact them at Whirlow Spirituality Centre 0114 235

3704 [events@whirlowspiritualitycentre.org](mailto:events@whirlowspiritualitycentre.org)

About the exhibition: *The Stations of Lament explores in colour and cloth the theology, experience and potency of lament. Each station interprets an aspect of lament with themes of weeping, confusion & chaos, protest, comfort, truth-telling, desolation and emerging hope. Each station can stand alone but is also an integral part of a journey. Prayer and theology guides are provided. The exhibition is open to experience in your own time and way when the Chapel is open and not in use for services or other events. **Please contact us if you would like to arrange a time to visit to ensure that access is possible.***

*The exhibition is free, but donations to support the work of Whirlow Spirituality Centre are welcomed.*

**Mothers Union:** Our next meeting will take place on **Wednesday 21st February** at St. Johns in the '94 Room at 2.15 pm. Rev'd Ann Walton is coming to speak about Richard Rolle - South Yorkshire's own Hermit and Mystic.

Visitors welcome and a small contribution of £1 for refreshments would be appreciated. Margaret Minns

**Children and Young People: 2024** - Many people here have worked hard and faithfully over the last few years with the children and young people. If you are one of those people, we'd like to thank you with a cheese and wine evening, 7.30pm on Friday 23<sup>rd</sup> February. This year we are going to work to become more of a church for children and young families. If you are someone who would like to be involved in that, you're also welcome to the cheese and wine evening. (Attendance is not a commitment to serve!). Send a WhatsApp message to Rev'd Nicholas Noble on 07942054572 for more information!

**The Holy Trinity Remembrance Book** - Pat Roddis has very kindly completed an update of the Remembrance Book. Those of you who have new entries will be able to see these after the Sunday service on 3<sup>rd</sup> March 2024. If you are unable to attend on that day, please speak to one of the Churchwardens.

The next **Litany of Reconciliation** will be on Thursday 21 March, 12noon by the war memorial at St. John's. All welcome to join in this short prayer for peace and forgiveness. *Future dates - third Thursday of each month i.e. 18 April, 16 May, 20 June, 18 July, 15 August, 19 September, 17 October, 21 November and 19 December.*

**Come and sing with us! - at Holy Trinity on 29<sup>th</sup> March at 6.30pm**  
**Good Friday Evening Service with Music and Readings**

The Joint Choirs of Holy Trinity and St John's invite you to join them in the singing of anthems and hymns for this special Service.

Come and sing with them! Whether you have experience of singing in a choir, or you would like to try this for the first time, do come to a rehearsal at St John's on Fridays at 8.00 - 9.00 from February 9th onwards. You and your like-minded family and friends will be made most welcome.

If you would like to know more, please contact Mary Cobbold by email:

[marycobbold5@gmail.com](mailto:marycobbold5@gmail.com)

**On show now** at Sheffield Cathedral: eight million stitches expressing God's love! 'Threads through Creation' is an astonishing, uplifting bible-based textile art exhibition, on show until 3rd March at Sheffield Cathedral.

Touring twenty cathedrals, it consists of twelve beautiful silk panels re-imagining the story of creation from the bible. They're huge – nearly 3m high. It all appeals to people of all ages and backgrounds and is very family friendly. We've had great feedback from churches all over the country.

You've read Genesis in black and white: now watch the story unfold in glorious colour, dramatic and complex designs - truly breathtaking. You've never seen anything like it. It's one of the largest textile art projects by a single artist, ever. It took Christian artist Jacqui Parkinson three years - and eight million stitches! A number of churches have used it as an opportunity for a highly enjoyable visit. This can create a lovely focus for a group of churches, such as a benefice. It can also – importantly - bring in people at the edges of the church.

See [www.sheffieldcathedral.org](http://www.sheffieldcathedral.org) Admission free.

See more at [www.creation-threads.co.uk](http://www.creation-threads.co.uk)

**Diary**

*Our churches are open this week for private prayer from 10.00am as follows:  
Holy Trinity Mon-Sat; St John's Mon-Thu*

***There will be no 8.00am Communion Services until further notice***

Mon 19th Feb	9.30am	Morning Prayer	HT & Zoom
	1.30pm	Handbell Practice	94 Room St John's
	6.30pm	Snooker	St John's Hall
Wed 21st Feb	10.00am	Community Café	Holy Trinity
	10.00am	Holy Communion	Holy Trinity
	2.15pm	Mothers' Union (please see details in Notices)	St John's 94 Room
Thurs 22nd Feb	9.30am	Morning Prayer	HT & Zoom
	10.00am	Trinity Tots	Holy Trinity
	11.00am	Lunch Club	St John's
	2.00pm	Carpet Bowls	St John's
Fri 23rd Feb	7.30pm	Choir Practice	St John's
	7.30pm	Children and Young People Cheese and Wine Evening	Holy Trinity
<b>Next Sunday 25th February – Second Sunday of Lent</b>			
	10.00am	Parish Communion	St John's
<b>Looking ahead:</b>			
Mon 26th Feb	10.30am	Coffee Morning	Flat 8, 169, Millhouses Lane

Items for next week's pew sheet to Bev by **latest 5.00pm Wednesday**, please.

Parish Office: 0114 249 0377 | [htmillhousesoffice@yahoo.co.uk](mailto:htmillhousesoffice@yahoo.co.uk)

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Priest-in-charge: Rev'd Nicholas Noble

Email (temporary) [nrrnoble@gmail.com](mailto:nrrnoble@gmail.com) / Vicarage: 0114 2362838