

PARISH COMMUNION

for the seasons of

ADVENT & LENT



THE GATHERING

WELCOME

HYMN (*Stand*)

THE GREETING

The president may say

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

The president greets the people

The Lord be with you
and also with you.

Kneel or sit for the PRAYER OF PREPARATION

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

PRAYERS OF PENITENCE

A minister gives the SUMMARY OF THE LAW

Our Lord Jesus Christ said: The first commandment is this:
`Hear, O Israel, the Lord our God is the only Lord.
You shall love the Lord your God with all your heart,
with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.'
There is no other commandment greater than these.
On these two commandments hang all the law and the prophets.
Amen. Lord, have mercy.

A minister gives an invitation to confession.

During Advent:

When the Lord comes, he will bring to light things now hidden in darkness,
and will disclose the purposes of the heart.
Therefore in the light of Christ let us confess our sins.

During Lent:

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

**Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

Remain kneeling or seated for the KYRIE ELEISON

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

The president says

Almighty God, who forgives all who truly repent,
have mercy upon you, pardon and deliver you from *all your sins*,
confirm and strengthen you in all goodness,
and keep you in life eternal; through Jesus Christ our Lord. Amen.

THE COLLECT

The Collect appointed for the day is said, and all respond **Amen.**

THE LITURGY OF THE WORD

Sit for the FIRST READING

At the end the reader may say

This is the word of the Lord.

Thanks be to God.



PSALM (*Stand*)

Sit for the SECOND READING

At the end the reader may say

This is the word of the Lord. **Thanks be to God.**

HYMN (*Stand*)

Remain standing for the GOSPEL READING

During Advent:

Alleluia, alleluia.

Prepare the way of the Lord, make his paths straight,
and all flesh shall see the salvation of God. **Alleluia.**

During Lent:

Praise to you, O Christ, King of eternal glory.

The Lord is a great God, O that today you would listen to his voice.

Harden not your hearts.

Praise to you, O Christ, King of eternal glory.

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to N.

Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sit for THE SERMON

Stand for THE NICENE CREED

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

*Kneel or sit for the PRAYERS OF INTERCESSION
for the needs of the Church and the World.*

These responses may be used
Lord, in your mercy **hear our prayer.**



And at the end
Merciful Father, **accept these prayers
for the sake of your Son, our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

THE PEACE (*Stand*)

During Advent

In the tender mercy of our God,
the dayspring from on high shall break upon us,
to give light to those who dwell in darkness
and in the shadow of death
and to guide our feet into the way of peace.

During Lent

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.



The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.
All may exchange a sign of peace.

HYMN

PREPARATION OF THE TABLE

*The bread and wine are placed upon the altar and the offerings of the people are presented.
The president takes the bread and wine and all say*

**Yours, Lord, is the greatness,
the power, the glory, the splendour and the majesty;
for everything in heaven and on earth is yours.
All things come from you, and of your own do we give you.**

Kneel or sit for THE EUCHARISTIC PRAYER (*Prayer E*)

The president says

The Lord is here. (*or*) The Lord be with you.
His Spirit is with us. And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

*The president praises God for his mighty acts, using a seasonal preface
or the following words*

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and *saying*:

**Holy, holy, holy Lord,
God of power and might, [God of power and might,]
heaven and earth are full of your glory.
[Hosanna Hosanna] Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
[Hosanna Hosanna] Hosanna in the highest.
[Blessed is he who comes in the name of the Lord.]**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command, send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

The president recalls the Last Supper

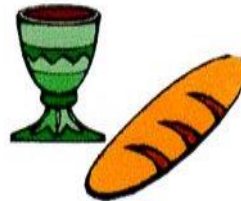
On the night before he died he had supper with his friends
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body

which is given for you;

do this in remembrance of me.



When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

(Either)

Great is the mystery of faith.

Christ has died:

Christ is risen:

Christ will come again.

(or)

Praise to you, Lord Jesus:

Dying you destroyed our death,

rising you restored our life:

Lord Jesus, come in glory.

Lord of all life, help us to work together
for that day when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with [N and] all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit, all honour and glory are yours,
O loving Father, for ever and ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, so we pray

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

**For the kingdom, the power, and the glory are yours
now and forever. Amen.**

BREAKING OF THE BREAD

The president breaks the consecrated bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**



AGNUS DEI

**Lamb of God, you take away the sin of the world:
[have mercy] have mercy on us.**

**Lamb of God, you take away the sin of the world:
[have mercy] have mercy on us.**

**Lamb of God, you take away the sin of the world:
[grant us] grant us peace.**

GIVING OF COMMUNION

The president says the invitation to communion

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,
and feed on him in your hearts by faith with thanksgiving.

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body**

**and our souls washed through his most precious blood,
and that we may evermore dwell in him and he in us.
Amen.**

The president and people receive communion.



*We hope that all our visitors today
will come up to the altar to receive
communion or a blessing. For a
blessing, just bow your head when
at the altar rail instead of holding out
your hands.*

The bread and wine are distributed with the words
The body of Christ [keep you in eternal life.] **Amen.**
The blood of Christ [keep you in eternal life.] **Amen.**

*During the distribution music may be played and a hymn or anthem sung, providing an
opportunity for quiet reflection.*

Kneel or sit for the POST-COMMUNION PRAYER

All then say together

**Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

THE DISMISSAL

Kneel or sit for THE BLESSING

During Advent:

Christ the Sun of righteousness shine upon you,
scatter the darkness from before your path,
and make you ready to meet him when he comes in glory;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

During Lent:

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

HYMN (*Stand*)

A minister says

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

The ministers and people depart.