



# trio

Abbeydale and Millhouses Parish Magazine  
Autumn/Harvest 2023



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**Usual SUNDAY Services** *(Maybe occasional changes!)*

**10.00 am Parish Communion**  
*with music*

**Until a new Priest is appointed, the pattern will normally be:**

**1st & 3rd Sundays at Holy Trinity,**

**2nd & 4th at St. John's**

**5th Sundays alternate SO....**

**SEE PAGE 15 (centre right page) and website for dates and venues of all services and church events**

**The 10am service will continue to be zoomed**  
*for details check the website*

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**For Baptisms, Weddings and Funerals, plus bookings for church buildings, halls and the Parish centre, please contact the church office**

**[htmillhousesoffice@yahoo.co.uk](mailto:htmillhousesoffice@yahoo.co.uk)**

**or Bev Ramsey 0114 249 0377**

**Emergency contact:**

**The Revd. Dr. Angie Lauener 0114 236 2188**

**CHARITY NUMBER 1142485**

## From the Clergy – Harvest 2023

*To everything (turn, turn, turn)  
There is a season (turn, turn, turn)  
And a time to every purpose, under heaven.*



*A time to be born, a  
time to die  
A time to plant, a time  
to reap ...  
A time to laugh, a time  
to weep*

These lyrics from Pete Seeger's hit folk song, written in 1965 and performed by The Byrds, came into mind as I was thinking about our theme for this Harvest issue of TRIO, which is all about changing seasons.

**'A time to be born, a time to die'** ... The words of Pete Seeger's song are taken from the Bible (Ecclesiastes 3.1-8) and are sometimes read at funerals – 'The other lyrics have wider significance, as our articles show. I find these lyrics affirming about what happens in the many and varying life journeys we are all on. I enjoy the variation in seasons in our country, enhanced by the wildlife in our gardens, and this is brought home in the review of Chris Baines' inspiring book on wildlife gardening, (on p.19).

**'A time to plant, a time to reap'** ... We are especially aware of the productivity of the Autumn season as we celebrate at Harvest thanksgiving, the fruit of seeds sown in Spring and grown in Summer, followed by a restorative, fallow time in Winter. Don't we all need a time to rest, especially when life has been productive, busy and tiring?



Seeds also provide promise for the future. The remarkable 'Seeds of Hope project', (p.6), shows how there is hope in seemingly impossible situations, as does the Bereaved Families Forum, one of our two Harvest appeal charities, supporting peace and reconciliation in the Middle East.

### **'A time to weep' ...**

The Harvest season in the church calendar also heralds a time of remembering, with thanksgiving. On Remembrance



Sunday, and especially at our All Souls service, we give thanks for those whose lives have gone before us.

People considered as being in the 'Autumn of their lives' continue to contribute to our society and wellbeing. For example, the Mothers Union Abbeydale St. John branch, which has been going for 90 years, with some members themselves in their 90s, is productive in supporting the social welfare of those in need, (see p.13). Our nonagenarian retired priest Brian Cranwell organised a fun evening of entertainment in the parish in the summer and we were treated to the impressive musical and dramatic skill of those in their 70s, 80s and 90s ... (see p. 14) – 'a time to laugh'.

As a retired academic, I was interested to find the sentiments of **'Turn, Turn, Turn'** valued in a 2019 Swedish Information Research journal, "It expresses the reality of a changing, or turning, world in which there is a time and place for everything. Applied to an academic context, the song suggests a natural ebb and flow of ideas and perspectives." Perhaps this is relevant as we look forward to new things to come locally in our Parish, as we look forward to the arrival of our new priest, Rev'd Nicholas Noble, in December, see page 5.

On an early-August walk in our Parish, I noticed that some of the trees' leaves are already beginning to turn, heralding Autumn. I pray that for all of us, we may be given faith to trust in the enduring love of God, that his love will surround each one of us in all the changing seasons of our lives.

With warm wishes,

**Rev'd Angie Lauener**





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Welcome to Nicholas Noble who is coming in December as our new Priest-in-charge...



# LOVE FROM NORWAY

*"Hyggelig å møte dere!"*

I'm Revd Nicholas Rory Raphael Rognli-Olsen Noble, or just Nicholas. I'll be starting life and ministry in Millhouses and Abbeydale this December.

I grew up in Ecclesall and ended up singing in a band called The Gentlemen. We were lucky enough to tour Europe a little, including Norway where I met a lovely lady called Kjersti (it took me a while to learn that it's pronounced something close to Shash-Tee!).

We married in 2011 and lived in Woodseats. In 2014 we moved to Norway. I started my Priest training and a Master's in Theology in Oslo. Kjersti worked as Children's and Family Pastor, and then was snapped up by a children's magazine to be their editor. She's also kept the home full of life by making two rather wonderful girls; Bergliot (pronounced Bad-Glee-Ott, Norwegian spelling gives very little help to English speakers!) and Autumn, which is pronounced... like Autumn.



I am currently working as "City Priest" with young adults in the glorious industrial town of Lillestrøm. We are a growing collection of people aged 16-30 who are exploring life, identity and faith in the 21st Century.

I like to make food, gardens and beer when I get the chance. My memories of Millhouses and Abbeydale are a tapestry of friends' houses, cub scout football training, and many a hundred hours spent in Ecclesall Woods.

I'm so excited by, and grateful for the opportunity to serve this community, all of the community in the coming years. The church parish is clear in its vision to be a welcoming, loving and radically inclusive community. I back this with a full heart and a rejoicing spirit. Jesus' radical inclusion and servant attitude will be our role model.

Thank you for the warm welcome I've already been given. I pay that forward to all who read this.



## Seeds of hope

There is a special tree growing in the Botanical Gardens in Edinburgh which is a real inspiration for peace and reconciliation in the future. The plaque reads:

*'At 8.15 am on August 6, 1945, Hiroshima was reduced to ashes by a single atomic bomb that indiscriminately took the lives of as many as 140,000 people by the end of the year. We hope from the bottom of our hearts that this second-generation gingko tree comes to serve as a symbol of peace for your city.'* Mayors for Peace.

Little survived Hiroshima's devastation yet life returned as the charred remains of 160 gingko trees began to bud. In 2015, seed from the one surviving gingko (*G. biloba*) was gifted to the Royal Botanic Garden, Edinburgh, as part of the international Mayors for Peace project. Thirteen trees germinated and this one was planted on 6 August 2020 by Mr Nozomu Takaoka, Consul General of Japan in Edinburgh. It commemorates the 75<sup>th</sup> anniversary of the bombing and celebrates continued friendship between Scotland and Japan.



This photo was taken in July 2023 and the gingko tree, planted among the flowers, is now over two metres tall.

**The Revd. Dr. Angie Lauener**

*As members of the Community of the Cross of Nails, our parish is committed to supporting charities which work for peace and reconciliation. We first heard of this charity when retired Bishop of Oxford Richard Harries, a supporter of FBFF, spoke about it on BBC Radio 4. It was followed up by a phone call with Rabbi Amnon Daniel Smith, a member of the charity's board, who kindly provided the information that follows in the next column.*

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## Our parish's Harvest Appeal this year is UK Friends of the Bereaved Families Forum (FBFF)

UKFBFF supports the work of the Parents Circle-Families Forum (PCFF), more than 600 Israeli and Palestinian Families who have lost loved ones during the decades of conflict. These bereaved families do not try to demonise the other which would perpetuate the cycle of hatred and violence. Instead, they choose to see the humanity of the other. They have turned their grief and anger into promoting non-violence, dialogue and reconciliation.

They have a wonderful track record of projects for peace and better understanding, including many meetings for youth and adults, in schools, community centres and other settings. The meetings are usually led by an Israeli and a Palestinian, who tell their personal stories of bereavement and explain their decision to engage in dialogue rather than seeking revenge. Their good work is under increased attack from extremists who oppose any move towards peace with hate speech and acts of violence. **Those who are dedicated to peace and dialogue deserve our support now more than ever.**

**They do many imaginative and creative programmes which focus on different groups and ages, such as:**

The "Joint Israeli-Palestinian Memorial Ceremony" is organised by PCFF in collaboration with Combatants for Peace. It is an important and moving annual event where bereaved people share their pain and also their hopes for peace and reconciliation.

"Young Leadership Groups" - training the next generation of peace activists in various areas such as facilitation of groups, youth guiding and more.

"Youth Camps for Peace and Reconciliation" are five-day camps for young Israeli and Palestinian adults, which include workshops, dialogue circles and field trips.

"The Parallel Narrative Experience" brings together groups of 15 Israelis and 15 Palestinians in order to learn about the personal stories of the other, as an important step towards understanding and reconciliation. So far about 45 groups have been conducted.

The "PCFF Women's Group" helps Palestinian and Israeli women acquire an authoritative voice and a real say in the peace process. This group has gained momentum and strength since its foundation.

***"Turn away from evil and do good: seek peace and pursue it."* (Psalm 34:15)**



# HARVEST

Many of you will have read Thomas Hardy's "Far From The Madding Crowd" a rural tale of love and loss set in the Wessex countryside of the 19<sup>th</sup> century. This rural farming life and it's difficulties is illustrated on several occasions as in Bathsheba's first attempt to sell her corn to a room of mysogenistic farmers and when shepherd Gabriel rescues her sheep from an outbreak of colic, only later to lose his job when his young trainee sheepdog chases a herd of sheep over a cliff.

The most dramatic of these scenes is of a harvest. We read of long hot days bringing in the crop, the women bringing food and drink during the day and finally a harvest festival, a thankful party in a barn with food and drink a plenty. Whilst most of the revellers are rather drunk Gabriel is sober and hears the coming storm which, when it hits is going to destroy the haystacks, all their hard work and Bathsheba's fortunes. He battles in the wind to cover the stacks and eventually Bathsheba realises and comes to help. They save most of the crop. Each rural tale is told around the fortunes and misfortunes of the characters involved. The disasters and their resolution are enveloped in how each character reacts and therefore their flaws and dilemmas are exposed.

If you have ever studied your family history I expect you found at least one Ag. Lab., agricultural labourer, in your family a couple of centuries back. Of course, the workforce has now changed and productivity is measured in many ways, but we all need to eat. For farmers the life on a 19<sup>th</sup> century farm bustling with life has become a lonely existence leading to increased suicide rates.



So what of today's farmers? Some of their woes relate to a shortage of migrant labour which has for centuries travelled around this country and Europe. The poor of London migrated to Kent each summer to pick hops, the accommodation was basic but not a lot worse than the slums they came from, but the families worked together, young and old, and had a few weeks of companionship and laughter.

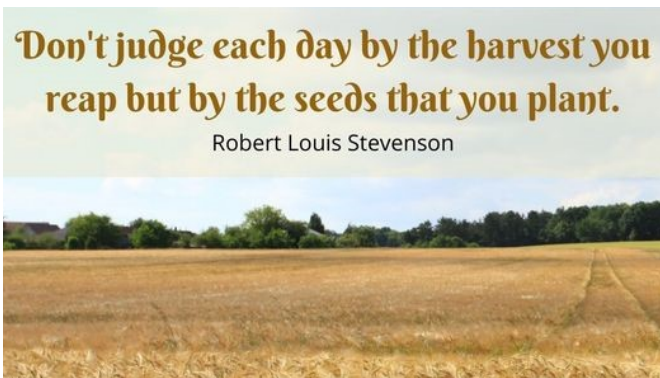
After Brexit the migrant labour stopped coming and farmers have had to provide better pay and accommodation to tempt them back. As the Covid crisis receded the UK launched a 'Feed The Nation' initiative which DEFRA rebranded 'Pick For Britain'. This was designed to attract resident UK labour, but was abandoned in 2021. However, in 2019 a 'Seasonal Workers Pilot' was introduced to allow low wage foreign workers to enter the country for six months to work in food-based agriculture. This was initially capped at 2,500 then increased to 10,000 and expanded to 40,000 in December 2021 then becoming a permanent visa scheme extended to 2024.

In the 2021 census only 55.9% of those adults born in the UK actually work within the UK. A strange statistic. So we too are a nation of migrant workers, people talk about their grandchildren living all over the world. Perhaps some of those 55.9% work online for a company based elsewhere or perhaps they are the 'Frequent Fliers' sometimes travelling to touch base with their colleagues. But why were they all at home on census night in April 2021?



And so, back to the beginning and Harvest in the traditional sense. It is a long time since any of us ploughed a field or scattered seed but let us give thanks for farmers, pickers, producers and transporters from all around the world who bring us our food. Thanks to our UK farmers and their harvesters from wherever they may come who will bring our harvest home.

**Gail Crosby**







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## Change in the Garden

In the Spring of 2020, the now unused sandpit in our garden had a makeover. The sand was removed, it became a bit deeper and longer and acquired some contouring, a lining filled the hole followed by a large amount of water courtesy of the water butts. The wildlife pond had arrived and within weeks, (and the introduction of some plants), there was wildlife.



Pondskaters danced on the surface, hoverflies and mayflies flitted above, water boatmen rowed below, (water submariners perhaps?). Very soon we saw newts and frogs.

Other changes were going on that we couldn't see. At the bottom of the pond, it seems that a dragonfly nymph had hatched from eggs laid on the vegetation, (1). And after perhaps two years of lurking in the depths and shedding its skin up to fourteen times the time came in the summer for a final change.



The nymph crawled up onto a leaf (2) and began the final stage of incomplete metamorphosis.

As we watched over a period of several hours, the hard shell of the nymph split and the adult form was extruded. It then waited for its wings to expand and harden, (3 & 4), before its short adult life. Maybe only a couple of weeks. (5)

Time to meet a mate, lay some eggs and continue the never ceasing cycle of change.



*Julian McDonough*



## Remember, Remember!

In the Church calendar the celebration of Harvest is closely followed by the solemnity of Remembrance Sunday. Traditionally observed on the Sunday closest to the anniversary of the armistice that ended the carnage of the First World War on the 11<sup>th</sup> of November 1918, it is a time when our nation collectively remembers those who gave their lives in the defence of freedom in the two World Wars and subsequent conflicts. Whether in churches, around war memorials or in front of the telly, many people contemplate the horror of war and remember with gratitude the service and sacrifice of all those men and women who fought to safeguard our freedom. That the occasion still resonates strongly in the public mind so long after the World Wars can be seen by the millions of poppies still sold each year by the Royal British Legion.

There is another notable occasion that falls between Harvest and Remembrance Sunday: Bonfire Night, otherwise known as Guy Fawkes Night. As a child this was always one of my favourite times of the year. I can still recall the excitement of opening a box of fireworks and arranging them on the living room carpet (Health & Safety anyone?) so that they could be appropriately admired in eager anticipation of the great night to come. The fireworks would usually be set off in the garden by my dad. Even if the weather meant we had to watch through the dining room window, the ritual was always the same: the name of each firework had to be announced in advance followed by some speculation as to whether it would be a 'good 'un'. We rarely had a fire, but 'bonfire toffee' would usually be passed round. And there was nothing quite like the thrill (and smell!) of a sparkler. It was all tremendous fun. But what, if anything, were we celebrating? The truth is pretty grim!

As the old rhyme goes, 'Remember, remember the Fifth of November: gunpowder, treason and plot!' Bonfire Night of course commemorates the infamous Gunpowder Plot of 1605: the failed attempt to blow up King James I and the House of Lords by a group of conspirators including one Guido ('Guy') Fawkes. Their aim was to replace the Protestant king with a Catholic queen. Fawkes was apprehended in the nick of time on the 5<sup>th</sup> of November in the cellars of the House of Lords. He had been checking the barrels of gunpowder intended to blow



the King, the Lords and Commons and anyone else unfortunate enough to be in the vicinity sky high. Phew! A happy ending then, and a stroke of luck well deserving of an annual celebration for the next 418 years and counting? Well yes, I suppose so. A terrible event *had* indeed been averted. But looking at the story in the round, all this took place at a time of appalling religious intolerance and repression. The persecution of Catholics at the time is evident by the presence of 'priest holes' in many large houses of the period: tiny hiding places where Catholic priests could take refuge, sometimes for days on end, to avoid capture, imprisonment and even death. Given the circumstances it is perhaps difficult not to have at least a tiny bit of sympathy for the Gunpowder Plotters. In any event they all came to a grisly end, no doubt to the amusement of the watching crowds.

The foiling of the plot was followed by the lighting of celebratory bonfires and within months by the passing of the *Observance of 5th November Act 1605*. This mandated an annual day of thanksgiving for the plot's failure including special church services. This remained the law until 1859. Even Cromwell, that puritanical killjoy, didn't stop it, probably because of the strongly anti-Catholic nature of '*Gunpowder Treason Day*' as it came to be known. It wasn't long before effigies of the Pope were being tossed on bonfires which led eventually to the tradition of burning effigies of Guy Fawkes himself.



Thankfully today in this country we enjoy a very high level of personal freedom, including freedom of worship. The somewhat murky origins of Bonfire Night and its rather unsavoury history don't get in the way of a tradition that brings so much fun and excitement, particularly to children (of all ages!). I think this is a good thing.

I do think it is interesting though to contrast the jollity of Bonfire Night with the sombreness of Remembrance Sunday. I would certainly never attempt to equate the two occasions: the scale of the suffering and sacrifice that we commemorate on Remembrance Sunday is almost unimaginable. But on both occasions we are exhorted to 'remember', yet it has perhaps largely been forgotten that the fun of Bonfire Night harks back to an extremely dark period in England's history. This may in part be down to Gunpowder Treason Day originating as an excuse for some fairly riotous shenanigans at a time when social attitudes were somewhat different from today (public executions being a great source of entertainment for example).

But it also relates to events that occurred a very long time ago. Somehow the horrific nature of events often has a tendency to fade with the passage of time.

The World Wars also took place a long time ago. It won't be long before there is no one alive who can personally recall these conflicts or actually knew anyone who died in them.



Yet we all owe a huge debt of gratitude for the tremendous sacrifices made to ensure the continuation of our freedoms. I hope that as the years go by the importance of Remembrance Sunday doesn't become forgotten. And I hope that when we have fun (safely please!\*) on Guy Fawkes Night we give a thought to how it all started and the importance of religious freedom and tolerance.

**Andrew Bullock**

**(\* If you are having a fireworks party please follow the Firework Code:-**

**<https://www.rospa.com/home-safety/advice/fireworks-safety>**

## **Autumn, season of beauty, sadness and amazing change .....**

### OCTOBER'S PARTY

October gave a party;  
The leaves by hundreds came—  
The Chestnuts, Oaks, and Maples,  
And leaves of every name.  
The Sunshine spread a carpet,  
And everything was grand,  
Miss Weather led the dancing,  
Professor Wind the band.

The Chestnuts came in yellow,  
The Oaks in crimson dressed  
The lovely Misses Maple  
In scarlet looked their best;  
All balanced to their partners,  
And gaily fluttered by;  
The sight was like a rainbow  
New fallen from the sky.

Then, in the rustic hollow,  
At hide-and-see they played,  
The party closed at sundown,  
And everybody stayed.  
Professor Wind played louder;  
They flew along the ground;  
And then the party ended  
In jolly "hands around."

George Cooper

No sun - no moon!

No morn - no noon -

No dawn - no dusk - no proper time of day.

No warmth, no cheerfulness, no healthful ease,

No comfortable feel in any member -

No shade, no shine, no butterflies, no bees,

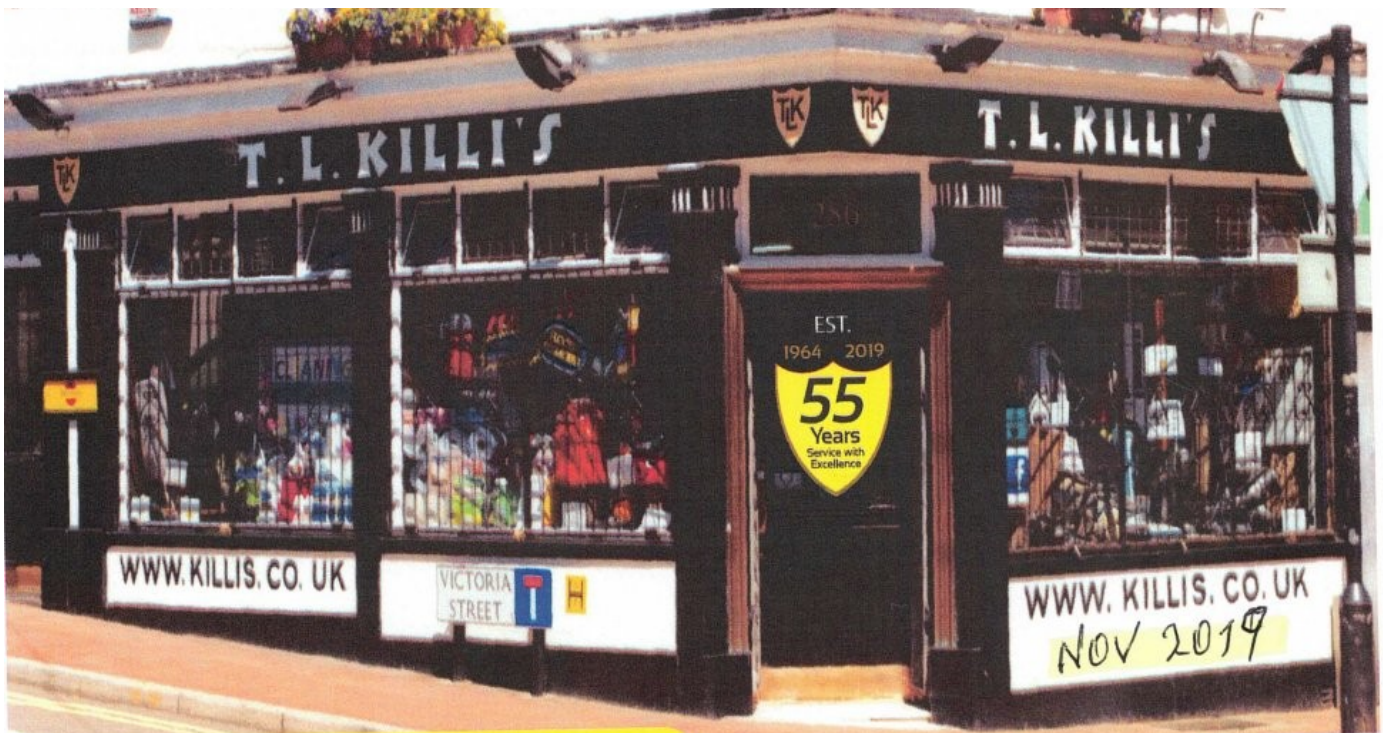
No fruits, no flowers, no leaves, no

birds! -

**November!**

*Thomas Hood*





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***This season of thankfulness and change were recently celebrated with***

## **A Service of Celebration and Thanksgiving for 90 years Branch membership of the Mothers' Union**

It was with pleasure that I attended the Anniversary service at St John's on July 19th.

I do not recall any of the Anglican churches I attended in London, as a youth, or while in the RAF having such a branch. It was not until I went to work and live in East Africa that I discovered the widespread influence and appeal of the MU, and was not surprised when I returned to this country to hear a bishop describe the MU as "the biggest missionary society in this country".

The Anniversary service reflected some of the reasons for this description. Those who (like myself at one time) know very little of the outreach support the MU gives to others might have been surprised to see gifts being given and hear of the cash support for organisations that support womens' refuges, holidays for destitute families, literacy projects, baby care units, and other child care projects. Gifts and symbolic donations for these were received by the Deanery leader Sally Wood, It was encouraging too to welcome members of other churches whose branches have closed, and who now enrich our branch. So congratulations to Margaret Minns and her committee for enabling St John's to continue!

The Diocesan President Mrs Gill Fellows gave an inspiring talk, congratulating the branch on our 90 years and continuing support for so many projects As she and the bible reading pointed out, when we do these things for others we are doing them for Christ (Matthew 25:40).

And this work is even more compelling overseas and has resulted in enormous growth which I have seen in the Anglican communion in places like Kenya and Malawi. Regional MU organisers are trained in the UK and go back to train community leaders who have transformed many villages through raising standards of hygiene, child care, introducing drought resistance crops, and teaching skills in sewing and making items for sale. The MU's care for hundreds of AIDS orphans in many places is phenomenal. It is a common sight in many churches to see the serried ranks of MU members in their blue and white dresses occupying the front rows of seats and swaying and holding each other whilst singing the Gloria during the Eucharist,

So if your impression of the MU is of a sort of glorified coffee morning for a chat, think again! I see the MU support as being more effective than British Government aid, as it helps bind Christian communities and we know that our support all reaches the people for whom it is intended, not the pockets of politicians.

**Rev Brian Cranwell**



**More about the**



Our branch was formed 90 years ago by Mrs Archer, the wife of the then current Vicar the Rev. T Archer. On realisation of this we decided to arrange a special Anniversary Service to mark the occasion. One other incentive was the fact that three of our current members were also celebrating their 90<sup>th</sup> birthdays during the year.

With thanks to Rev. Angie Lauener and Rev. Catherine Staziker, (who also took the photos below), we started to organise our day.

The service covered all that the Mothers Union stands for and the practical help to support these.

The Mothers Union began in 1876 by Mary Sumner, a Bishops wife, mother and grandmother who realised many women needed more support and encouragement in their roles as wives and mothers. She invited a group of women into her home so they had an opportunity to find any support they needed.

Thus began her ethos and vision of the Mothers Union. Currently this vision is continued by regular meetings today but this is not restricted to Mothers or women in general. Anyone, who has been baptised can become a member and able to commit themselves to the Aims and Objectives of our organisation.

These include campaigning for conditions in society favourable to stable family life and the protection of children. The "Bye Buy Children" being a prime example which called on the Government to ensure that the advertising and marketing industry stopped exploiting children and recognised their value as children.

One other objective, (there are actually five in total), is to help those whose family life has met with adversity as in our ongoing support for Womens' Refuge as one example among many.

Our service not only celebrated our Special Anniversary but also what The Mothers Union does now and has been doing since Mary Sumner's vision began in 1876.

The retiring collection was for the "Summer of Hope" appeal to raise funds for our MU Global programmes which empower women all over the world by giving them skills, knowledge and support to transform their families and local communities.

This happy afternoon concluded by presentation of



flowers to the "Birthday Girls" and refreshments — including this beautiful cake made by a talented member.

**Margaret Minns  
Branch Co-ordinator**



Both our churches now have beautiful baby grand pianos!

Mary, (one of our music directors), and Paul Cobbold have very generously donated one to St. John's. **Huge thanks to them.**



*You did come and enjoy.....*



the **Entertainment Evening** (17 June)  
*Brian Cranwell, who co-ordinated and hosted the event, wishes to thank everyone involved.*

(Photo: Catherine Staziker)

### Bible Emoji Quiz

1. 🙄 🤔 🌳 🍋 🍎 💀 👨 👩
2. 😊 🥖 🐟 🍴 🍷 🤔 🤔 🤔 🤔 🤔
3. 😊 🇮🇳 🧺 🌊 🔥 🌳
4. 🌧️ 🌊 🌍 🏠 🐏
5. 😊 👑 👦 🐎 ⭐ 🐏 👑 🏰
6. 😊 🏞️ 🐟 🐟 🌞 👨 👩 🏳️ 🏳️ 🏳️
7. 😊 🦁 🦁 🦁 🦁
8. 🏳️ 🏳️ 🏳️ 🏳️ 🏳️ 🏳️ 🏳️
9. 🍂 🙄 🏴‍☠️ 👦 👁️ 👁️ ✖️ 🌳 🏛️
10. ⚡ 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50

Answers: 1. Adam & Eve. 2. Jesus feeds the 5000. 3. Moses. 4. Noah's Ark. 5. Mary. 6. Peter. 7. Daniel. 8. Jesus changes water into wine. 9. Samson. 10. The story of creation.

## 'Autumn Events'

### The Guild of Strings



Will be performing a concert of classical music in Holy Trinity Church on **12 noon Sunday 24 Sept**

More about this exciting and relatively new group can be found on page.....

There are several **SPECIAL SERVICES** during the coming months. These are highlighted on the next page and on the Parish website:

[amchurchsheffield.co.uk](http://amchurchsheffield.co.uk)

**DON'T** miss out are something that would be **SPECIAL** for you.

Believe it or not .....

## Christmas is Coming!



**Our annual event, where children come and make Christmas decorations and visit Father Christmas, while adults get the chance to buy Christmas cards, cakes and gifts - and all enjoy home-made soup and bacon butties, will be held on.....**

**Sat. 25th November at Holy Trinity**  
**Put in your diary NOW!**

You can support your local community of Abbeydale and Millhouses, (as well as world-wide), by helping Abbeydale Rotary in one or more of their projects.

Find out more, and enjoy **free pizza and chips**, at the

**Waggon & Horses**, (Abbeydale Rd South),



**Wed 8th November 6.30 — 8.30pm.**

**'Service above self'**



# Worship at Holy Trinity and St. John's

Both churches are open during the week for private prayer:

Holy Trinity 10am-4.30pm Mon—Sat

St. John's 10am - 4pm Mon—Thurs


Once again the absence of a full-time priest means that the number of services has to be drastically reduced. We are dependent on our wonderful self-supporting part-time Associate Priest, Dr. Angie Lauener, and visiting clergy. We are indebted to the Revd. Catherine Staziker who is covering many services. *Still no 8am Communion Services on Sundays for the time being.*



## September

	Holy Trinity	St. John's
Sun 17th	Trinity 15	
10am	Parish Communion	
Sun 24th	Trinity 16	
10am		Parish Communion

## November

	Holy Trinity	St. John's
Sun 5th	All saints	
10am	All-age Worship with Communion	
6.30pm		All Souls Commemoration of the faithful departed
Sun 12th	<b>REMEMBRANCE SUNDAY</b>	
10am	Remembrance services at both churches with Communion	
6.30pm	Wholeness & Healing	
Sun 19th	Parish Communion	
Sun 26th	<b>Advent Sunday</b>	
10am		Parish Communion

## October

	Holy Trinity	St. John's
Sun 1st		
10am	Harvest All-age with Communion	
Sun 8th	Trinity 18	
10am		Parish Communion
		Harvest
6.30pm		Harvest Evensong
Sun 15th	Trinity 19	
10am	Parish Communion Peter Ingram	
Sun 22nd		
10am		Parish Communion
Sun 29th	Trinity 19	
	Parish Communion	

## December

	Holy Trinity	St. John's
Sun 3rd		
10am	Christingle All-age with Communion	
6.30pm		Advent Carol Service
Sun 10th		
10am		Parish Communion

## Wednesday Morning Communion

Services will be held at 10am in Holy Trinity, EXCEPT on the first Wed (M.U.) in each month, which will be at St. John's.



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**Brian Cranwell reflects on the hidden changes in the way our lives are being directed....**

## **Freedoms – how much do we value them?**



I was recently in a local shop to purchase a small item that cost about £1.50. I was shocked to be told by the shop assistant that cash was no longer acceptable, I would have to pay by card. I will not be returning there.

On the Sunday before the Coronation we were advised at church that Grove Road residents were holding a street party on the Monday after the event. They regretted that the Sheffield Council had ruled that permission to hold the party had been given on the understanding that only residents would attend.

I was reminded of these events when I attended a recent meeting during the Sheffield Festival of Debate run by the not-for-profit company, Opus Independence, of Sheffield.

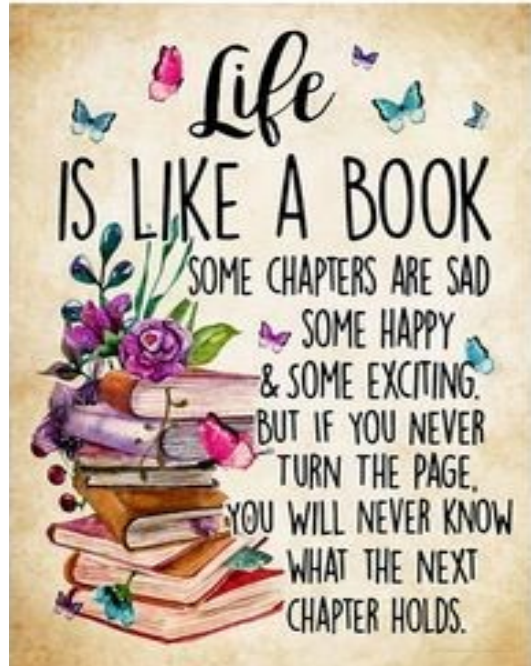
One speaker at this meeting pointed out that we are losing more and more freedoms without realising it, and that this is bad for democracy. He invited us to list, individually, freedoms that those present felt they had lost. This resulted in an astonishing 30, plus the comment that there are probably others that we do not even recognise!

Before carrying on reading perhaps you would like to think about how many freedoms you are aware of losing.



The list our group came up with is at the bottom of the next column.

Some restraints are for the good of society or for safety reasons. For example I would support a restraint imposed by an in-flight steward to refuse to serve any further alcohol to a group who were becoming rowdy or disturbing others. Some are international rules. I am not sure exactly what all on the list mean but they are real to those who said them. But the more aware we are of how often we accept unnecessary petty restraints imposed by authorities the better, as they increase we likelihood of loss of our personal integrity and self-respect.



**Lost Freedoms – from the group**

To disagree in public (particularly observable in universities)

To use cash.

To be private.

To protest.

To talk to humans instead of machines.

To work and travel in the EU.

Public transport.

To be private from surveillance.

To gather socially.

Fair wages.

Access to care

To obtain secure social housing

From hunger.

Narrow nationalism.

From shallow news





# NEWS FROM MILLHOUSES METHODIST CHURCH



Greetings to all readers! Our church is now looking forward to its autumn services and activities, some of which are listed below. For further details please see our website: [www.millhousesmethodistchurch.org.uk](http://www.millhousesmethodistchurch.org.uk).

- Saturday 30th September 10.30am – 12.30pm **Macmillan Coffee Morning.** Please do come to support this very worthy cause and enjoy coffee and delicious cakes!
- Sunday 1st October 10.30am **Harvest Festival Service** led by Mr John Wilkins
- Sunday 12th November 10.30am **Remembrance Sunday Service** led by Rev David Hunter

Initial planning is now under way for our annual **Christmas Tree Festival**. We will be launching the festival on Sunday 3<sup>rd</sup> December. Further details will be included in the Christmas TRIO.

### Tuesday Club

We are very pleased that the club has continued to thrive during the past year, gaining several new members from Holy Trinity and elsewhere. Below is the programme for September to December. All welcome! Usual starting time **2.00pm**

- 5th Sept Welcome Afternoon – Tea, cakes and quiz
- 19th Sept The men who made me – *Rev Frances Young*
- 3rd Oct A History Tour of Sheffield – *Martin Naylor*
- 17th Oct Bring & Share Lunch (**Starts at 1.30pm**)
- 7th Nov My Life in the Theatre - *Roger Bingham*
- 21st Nov Parish Nursing in the City Centre – *Marjorie Skidmore*
- 5th Dec Sex and Teeth! – *Dr Graham White*
- 19th Dec Christmas Afternoon

### MUSINGS ON MUSHROOMS!



In this season of nature’s bounty, mushrooms may appear to be one of the more lowly, less spectacular ‘fruits’ but there is much that is very positive about them, as well as the negative aspects of some varieties. The mushrooms that pop up in autumn are a small manifestation of a large underground network of roots or threadlike structures called ‘mycelium’. I don’t think Jesus talked about mushrooms but he drew many analogies with the natural world, e.g. likening the mustard seed which grows into a large tree to the Kingdom of God.

Perhaps an analogy could also be drawn between the hidden network of mycelium and the Kingdom of God, its manifestations (mushrooms!) being good deeds and social action. Mushrooms also demonstrate the wisdom of not being taken in by outward appearances. A most attractive looking variety of mushroom/toadstool is the Fly Agaric, which is a lovely bright red colour

This autumn, why not cook yourself some nutritious and tasty mushroom meals? Here is the Mushroom Stroganoff recipe which we used at our Pancake Pop-ins: 12 oz mushrooms, 1 large onion, 4 celery sticks, 2 oz butter, 1tablespoon flour, ¼ pint water, 1 dessert spoon marmite, ½ tablespoon thyme, ¼ pint sour cream. Chop onions, celery and mushrooms. Sauté the onions and celery, then add the mushrooms, stir in the flour. Add the water, marmite and thyme. Season with salt and pepper. Boil for 5 minutes. Take off the heat and add the sour cream. **Enjoy!**



Book review...

## RHS Companion to Wildlife Gardening

by **Chris Baines**, published in 2023 by Frances Lincoln.

In the introduction to his book, Chris Baines says,

*"When I created a 'Rich Habitat Garden' on BBC Gardeners' World in 1979, and then made the first ever wildlife garden at the Chelsea Flower Show in 1985, the horticultural establishment seemed unconvinced."*

For those who may still be 'unconvinced', this book is an inspiration. When given it for my birthday on a warm, sunny June day, I sat in the garden and read Part 1 – 'Why make a wildlife garden?' – with relish and enjoyment. Chris Baines' passion for wildlife in gardens was contagious! His text, combined with beautiful colour photographs, enhanced my appreciation of the beauty of gardens all year round, and their value as habitats for wildlife of all sizes – insects to birds and small mammals – in different seasons. Our garden has wild areas, largely more by accident than design but now they seem more legitimate!

Parts 2 and 3 of the book cover 'Creating new habitats' and 'Supplementing the habitats'. They give detailed instructions of how to create different types of wildlife garden. Here, Chris Baines shares his expert knowledge and practical advice. Even if you do not intend to use any of his proposed designs, the photographs and brief text show the beauty and diversity of plants and animals that a garden can support all year round.



**Revd. Dr. Angie Lauener**

### Born in Sheffield!

*Chris was born in Sheffield in 1947 and educated at Ecclesfield Grammar School. In the acknowledgements in his book, he says ... "I am grateful to my Mother. At time of writing she is 97, still living in the home I grew up in, and still fascinated by the birds outside her window, the first primroses of spring and the way her garden reflects all the subtleties of our changing seasons."*

**Corn Collies** Corn Dollies, meaning idol or image, are as old as agriculture. Most represented a woman or other symbols of fertility and plenty. Possibly the traditional cigar-shaped dolly was based on the 'horn of plenty'. Corn dollies were made from straw or wheat as early as 6000 years B.C., and carvings exist in Egypt on old tombs looking very much like plaited straw work.



The techniques of corn dolly making have been handed down through generations of farmers and their workers, and although the original beliefs behind them have been long forgotten many designs have survived for us to recreate today, together with newer and more up-to-date ideas. Many country churches still display corn dollies as part of the farmers' thanking to God for a successful harvest.



The design of British corn dollies vary from county to county. For example, the bell and the umbrella come from Cambridgeshire, the horseshoe is from Suffolk and Essex has the terret, a shape copied from a horse brass. Mordiford, a village near Hereford, gives us the heart-shaped design that bears its name. Ireland produced crosses and favours, the latter



being a simple two-straw plait that a young country lad might have made for his girl friend on an evening walk.

The name 'corn dollies' does not appear to be widely used until the 20th century. It seems probable that the original farm workers adopted techniques practised by the straw plaiters working for the hat industry and from copying other decorative techniques from rope making and knotting. The harvest token was usually made quickly and finished, then decorated with available materials.

The number of workers grew and publications began to appear, classes started and the numbers making corn dollies grew, probably peaking in the 1980s. It is fair to say that within exponents of Corn Dolly Making they will be divided in discussion about what constitutes a corn dolly, but unless there is a separation and awareness of these traditional harvest tokens their heritage will be lost.




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## The Guild of Strings



The Guild of Strings was formed in April

2017, with the ambition to perform the vast repertoire of beautiful string music in exciting and innovative ways.

The first rehearsal of *The Guild of Strings* was a huge success with around 30 professional and semi-professional string players meeting at Yellow Arch Studios for a fun playthrough. The evening meeting was simply shared through word of mouth and social media. Founding members Julie Doubleday and David Willington were unsure how many musicians would attend, but any concerns were quashed when new friends and old friends filled the room with enthusiasm and delight. After the rehearsal the players enjoyed a drink together at the studio bar and agreed that we should make our get togethers more regular and organise concerts to share our love for this genre of music.

Since this first rehearsal, The Guild of Strings players have continued to meet regularly, whether in person or online through the COVID19 lockdowns, and have performed in venues across Sheffield and South Yorkshire as small ensembles and string orchestras.

On 24 September, in Holy Trinity Church, we shall be playing two works for chamber groups. Johannes Brahms wrote his first of two string sextets, (Opus 18 number 1 in B $\flat$  major), in 1860, and it was premiered on 20 October that year. It's scored for two violins, two violas, and two cellos and has four movements: Allegro, Andante, Scherzon and Rondo. The outlines of the main themes of the first movement and finale are similar. In the same year of its composition, Brahms transcribed the second movement for solo piano, dedicating the arrangement to Clara Schumann.

Felix Mendelssohn wrote his String Octet in E-flat major, Op. 20, during the autumn of 1825 and completed it on October 15. Written for four violins, two violas, and two cellos, this work created a new chamber music genre. Conrad Wilson summarizes much of its reception ever since: *"Its youthful verve, brilliance and perfection make it one of the miracles of nineteenth-century music."* This was one of the first works of Mendelssohn to be very well received and it's loved by string players everywhere.

*David Willington*

## Quick and easy.... making Jam - in the Microwave!

*From my Cousin Greta*

**This could be very useful for people living on their own, who only need small quantities of jam at a time.**



1 lb / 500 gms fruit

1 lb / 500 gms granulated sugar (some fruits need pectin added)

If using fruit with stones, remove the stones.

Microwave fruit on high for 5 minutes.

Add sugar to fruit and microwave for 5 minutes

Remove from microwave and stir

Microwave for a further 5 minutes

Test for setting with a small teaspoonful on a saucer. If necessary microwave for a further 2 - 3 minutes.

This makes about 1.5 lbs / 750 gms of jam

*Andrew Horsfield*



*N.B. Apples and/or blackberries do not need pectin and can very easily be harvested for FREE!!!*

*Ginger, (chrysalised or in syrup), makes wonderful jam. Ed.*



**Autumn... the weather's turning colder, fruit and veg are plentiful - a perfect time to enjoy these tasty recipes**

8ozs/250gms left-over mashed potato

1oz/30gms plain flour,  
plus extra for rolling

*Optional additions*—bacon bits,  
chopped spring onions

Mix everything together until soft and smooth. (If sticky add a little more flour.

Roll out a circle to depth of about 1/2" (just over a cm).  
Cut into 4 quarters. Fry on medium heat until golden brown. Flip over and brown other side. Serve hot—with or without butter!!



**Scottish Bannock**

Originally heavy, flat cakes of unleavened barley or oatmeal dough, cooked on a large flat stone. Most modern Bannocks are made with baking powder or bicarbonate of soda to give them a light and airy texture.

12ozs/675gms Plain flour

1 tsp Salt

2 tsps. Baking powder

2ozs/60gms Butter, melted

About 1/2 pint Water - probably a little more

Mix dry ingredients, add melted butter and water. Mix with a fork to a ball of dough.

On a floured board, knead gently - about 10 times.

Pat out a circle to a depth of 3/4" - 1" (2 cms).

Cook in a greased frying pan over a medium heat for about 15mins each side OR in a oven on a greased baking sheet at 175°C (350°F) for 25-30mins.



Impress Family and friends with these roast potatoes!

Simply carefully slice medium or large potatoes

without cutting right through the bottom. Carefully 'fan' the slices.

Melt butter, (adding garlic, herbs etc if fancied!), and pour/brush generously over the potatoes.

Bake as usual at 185°C until cooked through and crisp.

1/2lb/450gms Thick cut bacon

1 small-med White cabbage

2 cloves Garlic

1 tsp Garlic powder

1 Onion

1 tsp Black pepper

1 tsp Salt (optional)

1/2 tsp Red pepper flakes

Roughly chop the bacon, cabbage, onion and garlic.

Fry the bacon for a few minutes until slightly crisp. Add all the other ingredients and stir-fry until the cabbage is as soft as you like it.

Serve hot with jacket potatoes



**Courgette Crisps**

Simply thinly slice a courgette and toss in 1tblsp olive or veg oil, mixed with 1tsp salt and

1 tsp pepper. Sprinkle with paprika and bake in a hot oven, 225°C (450°F) for 25-30 mins until crisp and golden.



**Apple Fritter Bread**

2 1/2 ozs/80gms Light brown sugar

2 tsps. Cinnamon

2 medium Granny Smith apples

5oz/150gms, Granulated sugar

Plus 2 tbls Granulated sugar

4ozs/125gms Butter, room temp

2 Eggs

2 tsps. Vanilla extract

7ozs/400gms Plain flour

2 tsps. Baking powder

4 fluid oz Milk

Preheat oven to 175°C (350°F)

Line a 9" x 5" (22 x 12 cms) loaf tin.

Mix brown sugar with 1 tsp cinnamon and 2 tbls of granulated sugar.

In mixer, cream butter and rest of granulated sugar. Add eggs, one at a time, and vanilla. On low speed add flour, baking powder and milk. DON'T over mix.

Pour half the mixture into the tin. Spread half the apple on top. Sprinkle with half brown sugar mix and gently swirl into apple. Repeat the whole process. Bake for 50-60 mins. Test with tooth-pick to make sure it is cooked through. Allow to cool in the tin.

*Optional... drizzle with milk/water sugar glaze.*





The author of the book on which the play is based, Hanya Yanagihara, tells us that you can read the book as a fairy tale about a ‘motherless child who has to face horrible challenges and find his own way’.

*A Little Life* is a controversial play about someone who suffered traumatically as a child; abused horrifically and devastatingly cruelly. At 3 hours 40 minutes the drama is a long, hard, heartrending watch!

Played with great feeling and reality James Norton, (of *Happy Valley* and *Granchester* fame), demonstrates with unceasing and excruciating pain a life lived in contemporary New York from the age of eight to fifty.

The scenes unfold in indescribable agony as his three college friends gradually come to understand his unwillingness to describe his past or explain his current physical and mental distress. The audience witnesses the attempts of his friends to provide support and understanding, but they ultimately fail.

Why should this story so move us to tears? Why is it so relevant? Are we able to support someone so broken?

The stories from the Cathedral Archer Project contains echoes of *A Little Life* in today’s Sheffield people’s lived experience, but the project provides hope and support that succeeds in turning such lives around!

**David Crosby**

# The Cathedral Archer Project

**The mission is to help homeless people achieve a better life by supporting them:**

- ◆ **Develop independence**
- ◆ **Improve their ability to tackle setbacks**
- ◆ **Learn to identify and change negative behaviour**
- ◆ **Build on their wellbeing**

**Every year the Parish invites everyone to support this important work in Sheffield, and especially at Harvest time, donate food and other requisites to this worthy cause. Please give generously again.**



## **Harvest donations for the Archer Project** can be brought to our Harvest Services on:

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## Gratitude at Harvest Time



Gratitude or gratefulness is a general appreciation of life whilst thankfulness is feeling of appreciation of a particular event or experience, or by a recipient of another's kindness.

This kindness can be gifts, help, favours, or another form of generosity to another person. The word comes from the Latin word '*gratus*', which means 'pleasing' or 'thankful'.

In the Church of England we have many things to be grateful for, probably the most important one being the sacrifice Jesus made on the cross for each and every one of us.

Throughout the Autumn we traditionally thank God for providing a good harvest from which our food supplies come. Harvest Festival services held at churches large and small across the country involve hymns and songs that say 'Thank you' to God for all that he provides every day.

*"We plough the fields and scatter the good seed on the land and it is fed and watered by God's almighty hand....."*

We often bring food donations, tins and dry goods and sometimes toiletries to distribute to local food banks or The Cathedral Archer Project. At Holy Trinity and St John's we do this all the year round, not just at harvest time. We must always remember that not everyone in the world has enough food or is as fortunate as we are.

There are some simple ways we can say "thank you" to God at home too, for instance saying a 'thank you' prayer. A line in the Lord's prayer asks God to 'Give us this day our daily bread'. When we say that line we are asking God to provide the basic things in life that keep us healthy and happy.

So saying thank you to God for our food is important but we might also go back further and thank the people in the shops that supplied it and even trace it right back to the farmers who grew the crops in the first place.

Saying grace before a meal is a way of saying thank you to God for making the earth and everything in it – all good things come from God, and it's up to us to use them in the very best and most generous way.

Try singing this grace:

*One, two, three, four, five, thank you God that I'm alive.*

*Six, seven, eight, nine, ten, thank you God for food. Amen!*

One of the most traditional graces goes like this:

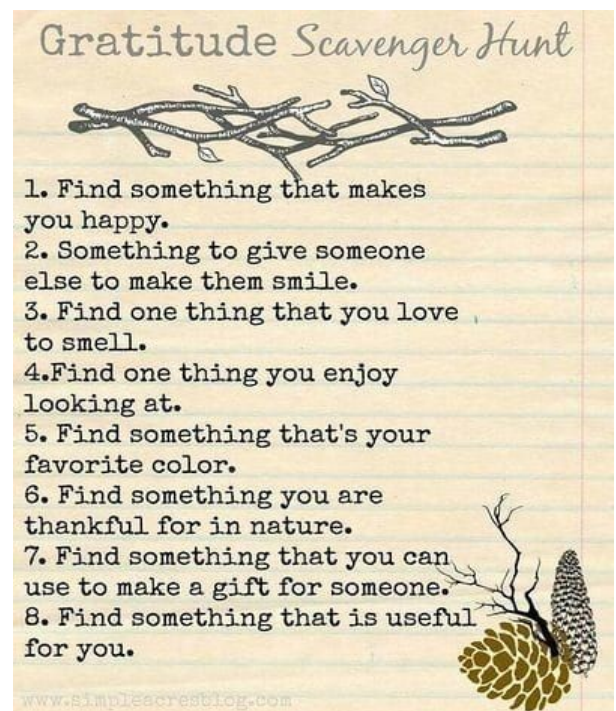
*"For what we are about to receive, may the Lord make us truly thankful and keep us always mindful of the needs of others."*

Some families hold hands while they say grace – this reminds us that we are thankful not only for our food, but that we can share it with people we love, as in this prayer:

*"Thank you God for food, and family, and friends. Amen."*

Andrew Horsfield

*Still on the theme of gratitude..... Try this with the children, grandchildren or just for yourself.....*



*And a final grace...*

Thank God for dirty dishes, they have a tale to tell.

While other folk go hungry, we're eating pretty well.

With home and health and happiness we shouldn't make a fuss;



For by this stack of evidence God's very good to us.





“

She's my lovely  
blue angel

”

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# Home

is where the heart is

*Let's keep it there*



# Regular Parish Activities – for special events see p.14



**Holy Trinity & St. John's are Fair Trade Churches**  
A stall is held regularly after the 10 am service in both churches

## Carers and Toddlers

Thurs 10.00am H.T. Tots  
**Contact:** Pat Kirbyshaw - 236 2643  
Frid 10.00am Carers and Toddlers - St. J's  
**Contact:** Andrew Horsfield



## Thursday Lunch Club - at St. John's for the elderly and lonely



Always needs volunteers and cooks.

**Contact:** Jane Blockeel  
0114 236 6861  
Jblockeel@aol.com

## Mothers' UNION

3rd Wed in each month at 2.15pm  
94 Room St. John's  
Contact 0114 274 7372

## Fortnightly (alternate Mon/Tues) COFFEE MORNINGS

See website calendar for each venue  
contact: Val Wiley 236 0726



Mon 4.30pm **Rainbows** — St. John's 249 4113  
Mon 6.00pm **Brownies** — St. John's 07588 240224  
Tues 5.30pm **Rainbows** — H.T. Church Hall 235 0370



## Trefoil Guild



Meets on the third Monday each month in the 94 Room at St. John's at 7.45pm

**Contact:** Pat Jackson 281 7557

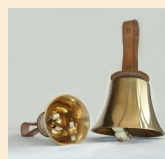


## Parish Centre, Dobcroft Road

Monday 6.30 pm Cubs  
8.00 pm Explorers  
Thursday 7.00 pm Scouts  
Friday 6.10 pm Beavers

**Contacts:** Jeremy Holmes (Scouts & Explorers)  
jeremypiglet@gmail.com 07703 441 613  
Andrew Bullock (Beavers & Cubs)  
ajbullock@blueyonder.co.uk

## Handbells



Mondays 1.30 pm 94 Room St. John's  
Contact Margaret Ibbetson 236 4184  
New ringers warmly welcomed

## CHURCH CHOIR & MUSIC GROUP

**Choir:** Practices Fri 7.30—8.45pm at St. John's  
Sun 9.30am before the 10am service—see calendar p13 for venue!

**Music Group:** Leads worship 10am H.T. first Sunday of each month. Practice 9.15am before the service



*New members welcome for both!*

**Contacts:** Mary Cobbold MA FRCO (chm) 07721 594095  
Alan East MA ARCO 07535 595044



## Come and have a go.. INDOOR Carpet BOWLS

**Where?** St John's Church Hall  
**When?** Thursday afternoon 2—4pm  
*Beginners welcome!*

**Contact:** Audrey Cutts 236 0613

## St. John's Snooker Club

welcomes new members, male or female, beginners or experienced, any age or religion



The club meets at back of the church hall (Abbeydale Road South)

**on Mondays at 6.30pm**

Contact Michael Minns on 0114 274 7372

[amchurchsheffield.co.uk](http://amchurchsheffield.co.uk)

## Christmas/Winter Edition of TRIO

**DEADLINE** for articles

**Friday 3rd November 2023**





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**September Open from 11am-4pm**  
 \* Join us for Evensong at 3pm

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**October**  
 15th 3pm Harvest Festival  
**November**  
 12th 10.45am Remembrance Sunday  
**December**  
 24th 7pm Christmas Carol Service  
 Ticket only event see our website for details  
 25th 10.30am Christmas Day Service

[www.beauchiefabbey.org.uk](http://www.beauchiefabbey.org.uk)



**Sometime...**

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